



## MAKING SLIME

### INGREDIENTS

- Contact lens solution or saline solution.  
Get it cheap as you can find it but it must contain boric acid. Check the ingredients list because if it doesn't have this it won't work
- Glue: PVA school glue, or translucent Elmers provide the best results. Both can be found at most grocery stores in the stationary aisle.
- Bicarb  
(1 teaspoon per slime ball)
- Bowl or container for mixing. We recommend reusing a takeaway container that can be used for mixing, and then storing.
- Glitter, foam beads, sequins, and other bits to experiment with as add-ins (Recommended, but not required)

### METHOD

1. Pour glue (roughly 120g/120ml) into your plastic bowl
2. Add one teaspoon of bicarb and mix until any lumps are dissolved.
3. Add any optional add ins, such as glitter, foam beads, shaving cream etc. If you want to experiment, this is the point to do it!
4. Add your saline/contact lens solution. Start with a good squirt (Approximately 2 tablespoons) and stir until it starts to combine.
5. If your mixture is still sticky after stirring well, add a squirt more solution and stir. Repeat until you get to the point you can lift your slime as a ball out of the container without it sticking to your hands

## THINGS TO REMEMBER ABOUT SLIME

- Slime is recommended for outside play as it can be messy and will stick to fabric or carpet.
- The ingredients are safe for play but aren't safe to consume. We recommend only children over 4 play with slime and don't leave slime around children who might put it in their mouth.
- Store your slime in an air-tight container, such as a reused takeaway container
- Wash your hands after playing
- Vinegar can help dissolve slime